

the table principles™

ten principles to inspire spaces that fuel resiliency, relevancy and relationship

1. Intentionally create a space of trust that allows transparency and curiosity.
2. Practice being present.
3. Words (tone & body posture) matter. Strive to use solution-rooted language.
4. Challenges are acknowledged; energy focused on what you desire to grow more.
5. Reframe difficulties as external opportunities.
6. If it's about them, they're at that table or represented well.
7. Ask rather than assume; if you must assume, assume the best.
8. Take the best from the past; allow what is no longer relevant to be released.
9. Chaordic paths (chaos and order colliding) are a valuable part of the journey.
10. Differences (personalities, roles, strengths), offer innovative perspectives.

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tend to the table resources™

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